Year 4 - Yasmine and Tom - RSE - Term 5 2023-2024			
	Y+T lesson number	Y&T main objectives and our LO	Any notes/ considerations (working document)
Week 1	2 – Gender stereotypes and Aspirations	LO: I can develop an understanding of gender stereotypes. • I can take part in a discussion and respond respectfully to someone I don't agree with. • I can describe what a stereotype is. • I can show respect to others who are different to me.	
Week 2	3 – Me, myself and I	LO: I can develop a positive sense of self. • I can tell you at least one thing I am good at. • I can tell you one thing I can do to make myself feel better if I am feeling down.	
Week 3	6 – My personal and private body parts and keeping safe	LO: I can use language for the personal and private parts of the body, understanding safe touch, personal space and consent. • I can label the personal and private parts of bodies. • I can explain the difference between safe and unsafe touches. • I know that no one has the right to touch us in a way that feels unsafe not even someone in our family.	Be aware of potential abuse children in classes may have experienced.

Week 4	7 – Body care	LO: I can understand more about keeping clean and not spreading germs. • I can tell you at least one brilliant thing about my body. • I can explain which parts of the body I particularly need to keep clean as I get older.	
Week 5	7 (from UKS2) - Changes at puberty	LO: I can understand some of the physical and emotional changes at puberty to mine and others' bodies. • I can identify some of the changes that will happen in my body and other bodies during puberty. • I can describe who to talk to when I need help dealing with the changes at puberty. • I can ask for support for any changes that are difficult to manage.	Ask it basket
Week 6	8 (from UKS2) - Periods (menstruation)	LO: I can explain what a period (menstruation) is. • I can identify products that might be needed during menstruation • I can suggest ways to manage feelings and emotions during menstruation	Use the menstruation products box that SE has