

## Year 6 - Yasmine and Tom - RSE - Term 5 2023-2024

	Y+T lesson number	Y&T main objectives and our LO	Any notes/ considerations (working document)
<b>Week 1</b>	4 - Friendships and pressure 5 - Keeping safe – Safe and unsafe touch	<p>LO: I can explain what peer pressure is and ways to deal with it</p> <p>LO: I understand safe and unsafe touch and be able to say no to touch or behaviour</p> <p>LO: I can evaluate the importance of choice, control and time limit in making safer choices.</p> <ul style="list-style-type: none"> <li>• I can explain what peer pressure is.</li> <li>• I can say no to something I don't want to do.</li> <li>• I can explain the need to ask and receive permission (consent) for some types of touch.</li> <li>• I can identify when physical contact feels unsafe and describe how to ask for help.</li> <li>• I can evaluate the importance of choice, control and time limit in making safer choices.</li> </ul>	<p>Linked to masturbation resources.</p> <p>Extend to include assertive, passive, aggressive ways to respond</p>
<b>Week 2</b>	7 - Changes and puberty 8 - Periods 9 - Wet dreams and masturbation	<p>LO: I can identify some of the changes that will happen in my body and other bodies during puberty, suggest ways to manage these changes and know who to talk to when I need help</p> <ul style="list-style-type: none"> <li>• I can identify some of the changes that will happen in my body and other bodies during puberty.</li> </ul>	<p>Use the menstruation products box that SE has.</p> <p>Ask it basket</p>

		<ul style="list-style-type: none"> <li>• I can describe who to talk to when I need help dealing with the changes at puberty.</li> <li>• I can ask for support for any changes that are difficult to manage.</li> <li>• I can explain what a period (menstruation) is.</li> <li>• I can suggest ways to overcome possible problems from periods.</li> <li>• I can explain what wet dreams are.</li> <li>• I can explain that some boys have wet dreams and some don't.</li> <li>• I can suggest ways to manage wet dreams.</li> <li>• I can describe what masturbation is.</li> </ul>	
<b>Week 3</b>	10 - Making babies – sexual intercourse	<b>LO: I understand how babies are made</b> <ul style="list-style-type: none"> <li>• I can describe fertilization through sexual intercourse.</li> <li>• I can explain how a baby is made and that different people use different methods to do this.</li> <li>• I can describe what consent means.</li> <li>• I know the age of consent.</li> </ul>	<b>Ask it basket</b>
<b>Week 4</b>	11 - Making babies – Assisted fertility and multiple births	<b>LO: I understand there may be different ways to get pregnant and know about multiple births.</b> <b>LO: I know about pregnancy and how babies are delivered.</b> <ul style="list-style-type: none"> <li>• I can explain that some people have help to become pregnant.</li> </ul>	<b>Ask it basket</b>

	12 - Making babies – Pregnancy and birth	<ul style="list-style-type: none"> <li>• I can explain why some people need assistance to make a baby.</li> <li>• I can describe the difference between identical and non-identical twins.</li> <li>• I can say how long an average pregnancy lasts.</li> <li>• I can explain why a pregnancy lasts approximately 40 weeks.</li> <li>• I can identify and explain why some things should and should not be eaten in pregnancy.</li> <li>• I can explain describe how babies are born (delivered).</li> <li>• I can work in a group.</li> </ul>	
<b>Week 5</b>	13 - Identity and prejudice 15 - Getting help	<p><b>LO: I can define what sexual orientation and gender mean and can identify things that shape our personal identity.</b></p> <p><b>LO: I know about who can help including external services and know that it is good to talk no matter what the issue.</b></p> <ul style="list-style-type: none"> <li>• I can define what sexual orientation and gender mean.</li> <li>• I can identify things that shape our personal identity.</li> <li>• I can explain what prejudice means.</li> <li>• I can describe what Childline is and how to access it.</li> <li>• Using my helping hand, I can identify who I can go to for help.</li> <li>• I can explain that there is nothing too awful or small that I can't talk to someone about it.</li> </ul>	Ask it basket

Week 6		<b>Consolidation session.</b> Opportunity to have a question-and-answer session in same sex groupings.	Ask it basket
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