PSHE at Ashton Gate Primary School

2023-2024

PRINT	Planning overview for PSHE 2023-2024				
	Terms 1 and 2	Terms 3 and 4	Terms 5 and 6		
R	Building relationshipsHow do we make friends andbelong at school?Managing yourself, self-regulation & buildingrelationshipsWhy am I special?	<u>Self-regulation</u> What are emotions and feelings? <u>Building relationships</u> Why are friends important?	<u>Self-regulation</u> How can we talk to others about our feelings? <u>Managing yourself</u> Why is it good to try new things? How do we feel about change		
Υ1	Self-Care Identity – What makes me me? Global cultures – what is culture and where does it come from? • Word Mental Health day • School councillor elections • Anti-bullying week	People-CareHome- What does homemean?Earth CareWaste – where does rubbishgo when we throw it away?Water – Why isn't thereenough water for everyone?• Medicines/immunisations• Children's Mental Health day• Emergency contacts	Relationship EducationFriendships and feelingsDifferent familiesPeople-CareKindness and Care – What isthe kindness infection?• Money• Sun safety		
Υ2	 <u>Self-Care</u> Happiness – Where can we find happiness? Social Media – Is social media making us less social? Word Mental Health day School councillor elections Anti-bullying week 	People-CareJourneys – Where do webelong?Equality and Justice – What isequality and is it possible?Earth careChanging climates – Why is theclimate changing and what'sour role?• Healthy bodies• Children's Mental Health day	Relationship and Health Education People-Care Groups and Gangs – Where of we all belong? • Transition to Year 3		
Y3	Self-Care Identity – What makes me me? Global cultures – what is culture and where does it come from?	People-Care Home- What does home mean? Earth Care Waste – where does rubbish	Relationship and Sex Education Earth-Care		

PSHE at Ashton Gate Primary School

2023-2024

		go when we throw it away?	Clothes – Who makes our
	Word Mental Health day	Food – Where does food come	clothes?
	School councillor elections	from?	
	Anti-bullying week		• Sun safety
	Firework and road safety	 Internet safety day 	• Transition to Year 4
	• Filework and road salety	Children's Mental Health day	
	Self-Care	•	Relationship and Sex
Y4	Happiness – Where can we	People-Care Kindness and Care – What is	Education
14		the kindness infection?	
	find happiness? Social Media – Is social media		Deeple care
		Equality and Justice – What is	People care
	making us less social?	equality and is it possible?	Groups and gangs – Where do
		Earth care	we need to belong?
	Word Mental Health day	Food – Where does food come	The state of the Market S
	School councillor elections	from?	 Transition to Year 5
	 Anti-bullying week 		
	Basic First Aid	Internet safety day	
		Children's Mental Health day	
		• Smoking	
	Self-Care	People-Care	Relationship and Sex
Y5	Identity – What makes me me?	Home- What does home	Education
	Global cultures – what is	mean?	
	culture and where does it	Earth Care	Earth-Care
	come from?	Waste – where does rubbish	Clothes – Who makes our
		go when we throw it away?	clothes?
	Word Mental Health day		
	School councillor elections	 Internet safety day 	Online safety
	Anti-bullying week	• Children's Mental Health day	• Transition to Year 6
	 Risks, hazards and dangers 	 Money/ wellbeing/ gambling 	
	Self-Care	People-Care	Relationship and Sex
Y6	Happiness – Where can we	Kindness and Care – What is	Education
	find happiness?	the kindness infection?	
	Social Media – Is social media	Equality and Justice – What is	People-Care
	making us less social?	equality and is it possible?	Groups and Gangs – Where do
			we need to belong?
	Word Mental Health day	 Internet safety day 	
	School councillor elections	Children's Mental Health day	 Wellbeing linked to SATs,
	Anti-bullying week	Legal and illegal drugs	camp and transition to
	 Risks, hazards and dangers 	Medicines	secondary school

PSHE at Ashton Gate Primary School

2023-2024