

PSHE at Ashton Gate Primary School

2023-2024



Planning overview for PSHE

2023-2024



	Terms 1 and 2	Terms 3 and 4	Terms 5 and 6
R	<u>Building relationships</u> How do we make friends and belong at school? <u>Managing yourself, self-regulation & building relationships</u> Why am I special?	<u>Self-regulation</u> What are emotions and feelings? <u>Building relationships</u> Why are friends important?	<u>Self-regulation</u> How can we talk to others about our feelings? <u>Managing yourself</u> Why is it good to try new things? How do we feel about change?
Y1	<u>Self-Care</u> Identity – What makes me me? Global cultures – what is culture and where does it come from? <ul style="list-style-type: none"> • Word Mental Health day • School councillor elections • Anti-bullying week 	<u>People-Care</u> Home - What does home mean? <u>Earth Care</u> Waste – where does rubbish go when we throw it away? Water – Why isn't there enough water for everyone? <ul style="list-style-type: none"> • Medicines/immunisations • Children's Mental Health day • Emergency contacts 	<u>Relationship Education</u> Friendships and feelings Different families <u>People-Care</u> Kindness and Care – What is the kindness infection? <ul style="list-style-type: none"> • Money • Sun safety
Y2	<u>Self-Care</u> Happiness – Where can we find happiness? Social Media – Is social media making us less social? <ul style="list-style-type: none"> • Word Mental Health day • School councillor elections • Anti-bullying week 	<u>People-Care</u> Journeys – Where do we belong? Equality and Justice – What is equality and is it possible? <u>Earth care</u> Changing climates – Why is the climate changing and what's our role? <ul style="list-style-type: none"> • Healthy bodies • Children's Mental Health day 	<u>Relationship and Health Education</u> <u>People-Care</u> Groups and Gangs – Where do we all belong? <ul style="list-style-type: none"> • Transition to Year 3
Y3	<u>Self-Care</u> Identity – What makes me me? Global cultures – what is culture and where does it come from?	<u>People-Care</u> Home - What does home mean? <u>Earth Care</u> Waste – where does rubbish	<u>Relationship and Sex Education</u> <u>Earth-Care</u>

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	<ul style="list-style-type: none"> • Word Mental Health day • School councillor elections • Anti-bullying week • Firework and road safety 	<p>go when we throw it away?</p> <p>Food – Where does food come from?</p> <ul style="list-style-type: none"> • Internet safety day • Children’s Mental Health day 	<p>Clothes – Who makes our clothes?</p> <ul style="list-style-type: none"> • Sun safety • Transition to Year 4
Y4	<p><u>Self-Care</u></p> <p>Happiness – Where can we find happiness?</p> <p>Social Media – Is social media making us less social?</p> <ul style="list-style-type: none"> • Word Mental Health day • School councillor elections • Anti-bullying week • Basic First Aid 	<p><u>People-Care</u></p> <p>Kindness and Care – What is the kindness infection?</p> <p>Equality and Justice – What is equality and is it possible?</p> <p><u>Earth care</u></p> <p>Food – Where does food come from?</p> <ul style="list-style-type: none"> • Internet safety day • Children’s Mental Health day • Smoking 	<p><u>Relationship and Sex Education</u></p> <p><u>People care</u></p> <p>Groups and gangs – Where do we need to belong?</p> <ul style="list-style-type: none"> • Transition to Year 5
Y5	<p><u>Self-Care</u></p> <p>Identity – What makes me me?</p> <p>Global cultures – what is culture and where does it come from?</p> <ul style="list-style-type: none"> • Word Mental Health day • School councillor elections • Anti-bullying week • Risks, hazards and dangers 	<p><u>People-Care</u></p> <p>Home- What does home mean?</p> <p><u>Earth Care</u></p> <p>Waste – where does rubbish go when we throw it away?</p> <ul style="list-style-type: none"> • Internet safety day • Children’s Mental Health day • Money/ wellbeing/ gambling 	<p><u>Relationship and Sex Education</u></p> <p><u>Earth-Care</u></p> <p>Clothes – Who makes our clothes?</p> <ul style="list-style-type: none"> • Online safety • Transition to Year 6
Y6	<p><u>Self-Care</u></p> <p>Happiness – Where can we find happiness?</p> <p>Social Media – Is social media making us less social?</p> <ul style="list-style-type: none"> • Word Mental Health day • School councillor elections • Anti-bullying week • Risks, hazards and dangers 	<p><u>People-Care</u></p> <p>Kindness and Care – What is the kindness infection?</p> <p>Equality and Justice – What is equality and is it possible?</p> <ul style="list-style-type: none"> • Internet safety day • Children’s Mental Health day • Legal and illegal drugs • Medicines 	<p><u>Relationship and Sex Education</u></p> <p><u>People-Care</u></p> <p>Groups and Gangs – Where do we need to belong?</p> <ul style="list-style-type: none"> • Wellbeing linked to SATs, camp and transition to secondary school

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