

Ashton Gate Primary School

PSHE Policy

Personal, Social, Health and Economic (PSHE) Education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives, now and in the future.

There is a non-statutory framework for PSHE for EYFS using the DfE's 'Development Matters'.

There is a non-statutory framework for PSHE for Key Stages 1 and 2 which:

- promotes the spiritual, moral, cultural, mental and physical development of all children
- prepares children at the school for the opportunities, responsibilities and experiences of adult life

There is a statutory framework for Relationship and Health Education for Key Stages 1 and 2.

Aims and Objectives

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider cultural community; in doing so we help to develop their sense of self-worth. We teach them how society is organised and governed and about equality, rights and responsibilities so they learn to appreciate what it means to be a positive member of a diverse society; equality and cultural diversity being key drivers of Ashton Gate Primary School. PSHE helps children to acquire the skills, knowledge and understanding, and attitudes and values, which are necessary to make sense of their life experiences and help them to feel confident and informed individuals now and in the future.

We aim to prepare our children through the delivery of a comprehensive PSHE programme. The aims of PSHE are to enable the children to:

- develop spiritually, morally, socially and culturally (see separate policy);
- know and understand what constitutes a healthy lifestyle;
- prepare for risks and opportunities of today's world
- stay safe, healthy and prepared for life online and offline.
- be aware of safety issues, including the dangers of drugs and alcohol
- understand what makes for good and healthy relationships with others;
- understand and manage their emotions;
- value themselves and respect others;
- acknowledge and appreciate equality, difference and diversity;
- be independent and responsible members of the school and the local community;
- be positive and active members of an inclusive democratic society;
- develop self-confidence, self-worth, self-esteem and make informed choices regarding personal and social issues;
- safeguard the environment;
- develop good relationships with other members of the school and the wider community.

PSHE Curriculum Planning

The PSHE curriculum is planned to meet the needs of the children and to follow guidance set out by the PSHE Association and Bristol Healthy School programme. Bespoke sequence of lessons have been planned by subject leaders to ensure a 'drip fed' approach of messages are being delivered. Our curriculum includes lessons to tie in with national events and are updated with latest trends and guidance.

Each term focuses on a different aspect of PSHE which is taught across the school and reinforced through assemblies, the school's key drivers, whole school events, displays and communication through the website and newsletter. Online Safety is taught at least once per term in KS2 as well as discreetly when using computers.

The main themes of teaching are: A time for change (rules, respect, similarities and differences), Managing Myself (Consequences of actions, anti-bullying off and online), Making Sense of the World Around us (money, media, charity, global issues), The Power of Choice (healthy mind, healthy body), Relationship and Sex Education, Staying Safe (changes, loss, keeping myself safe on and offline).

PSHE is embedded in the culture of Ashton Gate and through standalone lessons. We place great emphasis on active learning by including the children in discussions, investigations and problem solving activities with the goal to empathise, and gain skills and experiences needed for the future.

Children take part in a range of practical activities that promote active citizenship, the planning of special events or involvement in an activity to help other individuals or groups less fortunate than themselves. We offer our children the opportunity to hear visiting speakers, whom we invite into school, creating a positive and supportive local diverse community.

Inclusion

We teach PSHE to all children, regardless of their need, ability or age. Our teachers provide learning opportunities matched to the individual needs of children; sensitivity is applied in respect of children's individual needs and backgrounds.

Assessment and Recording

Teachers assess work in PSHE by making informal judgements as they observe them during lessons and through discussion. At the start of each unit of work, teachers gain a baseline assessment and tailors the learning accordingly. Teachers then repeat the baseline assessment at the end of the sequence of lessons to ensure understanding has taken place. At the end of each unit, teachers assess each child's knowledge on the topic.

Monitoring and Review

The PSHE subject leaders are responsible for monitoring the standards of children's work and the quality of teaching. The subject leaders support colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in school. Pupil voice across all year groups is gained termly to ensure that all learning is relevant and valued. Subject leaders use this to amend planning and provide staff support where necessary.

The policy will be reviewed every 2 years.

Written and approved: April 2022

Review: April 2024